

Growing Wheat Grass Instructions

Step One Wheat Berries:

- Soak wheat berries over night submerged in water.
 - This helps begin the germination process.
- After wheat berries have soaked overnight, drain the excess water.

Step Two Soil:

- Transfer soil from gallon sack to the grow pan. Spread evenly throughout the grow pan.
- Using hands flatten the soil, to remove air pockets.

Step Three Planting:

- Using hands evenly distribute wheat seed on to the soil.
- Gently press wheat seed into the soil.

Step Four Cover Seeds:

- Using moist paper towels cover the top of the wheat seed/grow pan.
- After grow pan is covered, keep grow pan out of direct sun light and at room temperature.

Future Steps

- Check on the grow pan daily.
- Use spray bottle to keep the paper towels / wheat berries moist.
- Once wheat is 1/2 inch tall, take off the paper towels.
- After paper towels are removed place in direct sun light.
- Complete the observation sheet and enjoy watching the wheat grass grow!

